

Therapeutic Rehabilitation 02 27940

View Online



1.

SESSION 1 POST-SESSION READING .

2.

Soft Tissue Repair and Healing Review.

<http://www.electrotherapy.org/modality/soft-tissue-repair-and-healing-review>.

3.

John J. Wilson. Common Overuse Tendon Problems: A Review and Recommendations for Treatment. *American Family Physician* **72**, 811–818.

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Marc A. Childress. Management of Chronic Tendon Injuries. *American Family Physician* **87**, 486–490.

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Joseph, M. F. & Denegar, C. R. Treating Tendinopathy. *Clinics in Sports Medicine* **34**, 363–374 (2015).

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Rees, J. D., Stride, M. & Scott, A. Tendons – time to revisit inflammation. *British Journal of Sports Medicine* **48**, 1553–1557 (2014).

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Cook, J. L. & Purdam, C. R. Is tendon pathology a continuum? A pathology model to explain the clinical presentation of load-induced tendinopathy. *British Journal of Sports Medicine* **43**, 409–416 (2009).

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Millar, N. L., Dean, B. J. & Dakin, S. G. Inflammation and the continuum model: time to acknowledge the molecular era of tendinopathy. *British Journal of Sports Medicine* **50**, 1486–1486 (2016).

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Deepak S. Patel. Stress Fractures: Diagnosis, Treatment, and Prevention. *American Family Physician* **83**, 39–46.

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McCormick, F., Nwachukwu, B. U. & Provencher, M. T. Stress Fractures in Runners. *Clinics in Sports Medicine* **31**, 291–306 (2012).

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Keith Sinusas. Osteoarthritis: Diagnosis and Treatment. *American Family Physician* **85**, 49–56.

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BUCKWALTER, J. & MARTIN, J. Osteoarthritis□Advanced Drug Delivery Reviews **58**, 150–167 (2006).

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Beam, J. W. Rehabilitation including sport-specific functional progression for the competitive athlete. *Journal of Bodywork and Movement Therapies* **6**, 205–219 (2002).

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TEXTBOOKS AND RESOURCES FOR OTHER SESSIONS.

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Low, J. & Robertson, V. J. *Electrotherapy explained: principles and practice*. (Butterworth-Heinemann Elsevier, 2006).

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Banks, K., Hengeveld, E. & Maitland, G. D. *Maitland's vertebral manipulation*. (Elsevier Butterworth-Heinemann, 2005).

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Banks, K., Hengeveld, E., Maitland, G. D. & Maitland, G. D. *Maitland's peripheral manipulation*. (Elsevier Butterworth-Heinemann, 2005).

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Holey, E. A., Cook, E. M., Cook, E. M. & Holey, E. A. *Evidence-based therapeutic massage: a practical guide for therapists*. (Churchill Livingstone, 2003).

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Kendall, F. P. & Kendall, F. P. *Muscles: testing and function with posture and pain*. (Lippincott Williams & Wilkins, 2005).

21.

Higgs, J. Clinical reasoning in the health professions. (Butterworth-Heinemann, 2008).

22.

Magee, D. J. Orthopedic physical assessment. vol. Musculoskeletal rehabilitation series (Elsevier, 2014).

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Petty, N. J. Neuromusculoskeletal Examination and Assessment: A Handbook for Therapists . vol. Physiotherapy Essentials (Elsevier Health Sciences UK, 2011).

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Musculoskeletal examination and assessment: a handbook for therapists, Volume 1. (Elsevier, 2017).

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Gass, E. M. & Refshauge, K. M. Musculoskeletal physiotherapy: clinical science and evidence-based practice. (Butterworth-Heinemann, 2004).

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Kisner, C., Colby, L. A. & Borstad, J. Therapeutic exercise: foundations and techniques. (F.A. Davis Company, 2018).

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Quantity and Quality of Exercise for Developing and Maintaining Cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Apparently Healthy Adults: Guidance for Prescribing Exercise.

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Evjen, B., Magee, D. J., Quillen, W. S. & Zachazewski, J. E. Scientific foundations and principles of practice in musculoskeletal rehabilitation. vol. Musculoskeletal rehabilitation series (Saunders Elsevier, 2007).

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Magee, D. J., Zachazewski, J. E. & Quillen, W. S. Scientific Foundations and Principles of Practice in Musculoskeletal Rehabilitation. (Elsevier Health Sciences, 2007).

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Petty, N. J. & Moore, A. P. Principles of neuromusculoskeletal treatment and management: a guide for therapists. (Churchill Livingstone, 2004).