

Therapeutic Rehabilitation 02 27940

View Online



Adler, Susan S., Dominiek Beckers, and Math Buck. 2003. *PNF in Practice: An Illustrated Guide*. 2nd. rev. ed. Berlin: Springer.

Adler, Susan S., Dominiek Beckers, and Math Buck. 2008. *PNF in Practice: An Illustrated Guide*. 3rd ed. Heidelberg: Springer.

Anon. n.d.-a. 'Quantity and Quality of Exercise for Developing and Maintaining Cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Apparently Healthy Adults: Guidance for Prescribing Exercise'.

Anon. n.d.-b. 'SESSION 1 POST-SESSION READING '.

Anon. n.d.-c. 'Soft Tissue Repair and Healing Review'. Retrieved (<http://www.electrotherapy.org/modality/soft-tissue-repair-and-healing-review>).

Anon. n.d.-d. 'TEXTBOOKS AND RESOURCES FOR OTHER SESSIONS'.

Banks, Kevin, Elly Hengeveld, and G. D. Maitland. 2005. *Maitland's Vertebral Manipulation*. 7th ed. Oxford: Elsevier Butterworth-Heinemann.

Banks, Kevin, Elly Hengeveld, G. D. Maitland, and G. D. Maitland. 2005. *Maitland's Peripheral Manipulation*. 4th ed. Edinburgh: Elsevier Butterworth-Heinemann.

Beam, Joel W. 2002. 'Rehabilitation Including Sport-Specific Functional Progression for the Competitive Athlete'. *Journal of Bodywork and Movement Therapies* 6(4):205-19. doi: 10.1054/jbmt.2002.0291.

Brody, Lori Thein, and Carrie M. Hall. 2011. *Therapeutic Exercise: Moving toward Function*. Third edition. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health.

Brody, Lori Thein, and Carrie M. Hall. 2018. *Therapeutic Exercise: Moving toward Function*. 4th edition. Philadelphia: Wolters Kluwer.

BUCKWALTER, J., and J. MARTIN. 2006. 'Osteoarthritis' *Advanced Drug Delivery Reviews* 58(2):150-67. doi: 10.1016/j.addr.2006.01.006.

Cook, J. L., and C. R. Purdam. 2009. 'Is Tendon Pathology a Continuum? A Pathology Model to Explain the Clinical Presentation of Load-Induced Tendinopathy'. *British Journal of Sports Medicine* 43(6):409-16. doi: 10.1136/bjsm.2008.051193.

Cook, J. L., E. Rio, C. R. Purdam, and S. I. Docking. 2016. 'Revisiting the Continuum Model

- of Tendon Pathology: What Is Its Merit in Clinical Practice and Research?' *British Journal of Sports Medicine* 50(19):1187–91. doi: 10.1136/bjsports-2015-095422.
- Deepak S. Patel. n.d. 'Stress Fractures: Diagnosis, Treatment, and Prevention'. *American Family Physician* 83(1):39–46.
- Evjen, Bev, David J. Magee, William S. Quillen, and James E. Zachazewski. 2007. *Scientific Foundations and Principles of Practice in Musculoskeletal Rehabilitation*. Vol. Musculoskeletal rehabilitation series. St. Louis, Mo: Saunders Elsevier.
- Gass, Elizabeth M., and Kathryn M. Refshauge. 2004. *Musculoskeletal Physiotherapy: Clinical Science and Evidence-Based Practice*. 2nd ed. Oxford: Butterworth-Heinemann.
- Higgs, Joy. 2008. *Clinical Reasoning in the Health Professions*. 3rd ed. Oxford: Butterworth-Heinemann.
- Holey, Elizabeth A., Eileen M. Cook, Eileen M. Cook, and Elizabeth A. Holely. 2003. *Evidence-Based Therapeutic Massage: A Practical Guide for Therapists*. 2nd ed. Edinburgh: Churchill Livingstone.
- Jenkins, Jeffrey, and James Beazell. 2010. 'Flexibility for Runners'. *Clinics in Sports Medicine* 29(3):365–77. doi: 10.1016/j.csm.2010.03.004.
- John J. Wilson. n.d. 'Common Overuse Tendon Problems: A Review and Recommendations for Treatment'. *American Family Physician* 72(5):811–18.
- Joseph, Michael F., and Craig R. Denegar. 2015. 'Treating Tendinopathy'. *Clinics in Sports Medicine* 34(2):363–74. doi: 10.1016/j.csm.2014.12.006.
- Keith Sinusas. n.d. 'Osteoarthritis: Diagnosis and Treatment'. *American Family Physician* 85(1):49–56.
- Kendall, Florence Peterson, and Florence Peterson Kendall. 2005. *Muscles: Testing and Function with Posture and Pain*. 5th ed. Baltimore, Md: Lippincott Williams & Wilkins.
- Kisner, Carolyn, Lynn Allen Colby, and John Borstad. 2018. *Therapeutic Exercise: Foundations and Techniques*. Seventh edition. Philadelphia: F.A. Davis Company.
- Low, John, and V. J. Robertson. 2006. *Electrotherapy Explained: Principles and Practice*. 4th ed. Edinburgh: Butterworth-Heinemann Elsevier.
- Magee, David J. 2014. *Orthopedic Physical Assessment*. Vol. Musculoskeletal rehabilitation series. 6th ed. St. Louis, Missouri: Elsevier.
- Magee, David J., James E. Zachazewski, and William S. Quillen. 2007. *Scientific Foundations and Principles of Practice in Musculoskeletal Rehabilitation*. London: Elsevier Health Sciences.
- Marc A. Childress. n.d. 'Management of Chronic Tendon Injuries'. *American Family Physician* 87(7):486–90.
- McCormick, Frank, Benedict U. Nwachukwu, and Matthew T. Provencher. 2012. 'Stress

Fractures in Runners'. *Clinics in Sports Medicine* 31(2):291–306. doi: 10.1016/j.csm.2011.09.012.

Millar, Neal L., Benjamin J. Dean, and Stephanie G. Dakin. 2016. 'Inflammation and the Continuum Model: Time to Acknowledge the Molecular Era of Tendinopathy'. *British Journal of Sports Medicine* 50(23):1486–1486. doi: 10.1136/bjsports-2016-096419.

Petty, Nicola J. 2011. *Neuromusculoskeletal Examination and Assessment: A Handbook for Therapists*. Vol. *Physiotherapy Essentials*. 4th ed. London: Elsevier Health Sciences UK.

Petty, Nicola J., and Ann P. Moore. 2004. *Principles of Neuromusculoskeletal Treatment and Management: A Guide for Therapists*. Edinburgh: Churchill Livingstone.

Petty, Nicola J., and Dionne Ryder, eds. 2017a. *Musculoskeletal Examination and Assessment: A Handbook for Therapists, Volume 1*. Fifth edition. Amsterdam: Elsevier.

Petty, Nicola J., and Dionne Ryder, eds. 2017b. *Musculoskeletal Examination and Assessment: A Handbook for Therapists, Volume 1*. Fifth edition. Amsterdam: Elsevier.

Rees, Jonathan D., Matthew Stride, and Alex Scott. 2014. 'Tendons – Time to Revisit Inflammation'. *British Journal of Sports Medicine* 48(21):1553–57. doi: 10.1136/bjsports-2012-091957.